



ABOUT RESTART DC

ReStart DC is a community program initiated by The Richard B. and Lynne V. Cheney Cardiovascular Institute at The George Washington University. The goal of the ReStart DC program is to place automated external defibrillators (AEDs) where large numbers of people gather throughout all eight wards of Washington, D.C. and to raise awareness about the critical need for broad AED access to help save lives in the event of a sudden cardiac arrest (SCA).

Through the ReStart DC program, 200 Philips HeartStart AEDs are being donated to community centers, churches and youth organizations that serve local residents throughout D.C.

Recipients of an AED from ReStart DC will receive:

- Philips HeartStart OnSite Defibrillator
- AED battery
- Carrying case
- Wall mount
- AED and CPR on-site training
- One year of medical direction and oversight
- Registration of device (required in the District of Columbia)



STATISTICS ON SCA AND EARLY DEFIBRILLATION

- SCA is an electrical malfunction of the heart which causes it to quiver rather than pump in a normal rhythm.
- SCA is one of the leading causes of death in the United States, claiming an estimated 325,000 lives each year.
- In Washington, D.C., an estimated 700 lives are claimed by SCA each year.
- An AED is a device that analyzes a person's heart rhythm and enables virtually anyone to promptly deliver an electrical shock if needed.
- Defibrillation, the delivery of electrical current to the heart, is recognized as the definitive treatment for the most common cause of SCA: ventricular fibrillation (VF), the abnormal heart rhythm that causes the heart to suddenly stop pumping blood.
- For every minute that goes by without defibrillation, a cardiac arrest victim's chances of survival decrease by about 10 percent. After the first few minutes without defibrillation, not many attempts at resuscitation are successful.
- The SCA survival rate in the United States is currently less than 7 percent.
- The national average response time for Emergency Medical Systems (EMS) is 10 to 12 minutes.
- More people die from SCA than from breast cancer, prostate cancer, AIDS, house fires, handguns and traffic accidents combined.
- According to a 2003 survey of workplaces by the American College of Environmental and Occupational Medicine (ACOEM), 34 percent of those who have implemented an AED program have used their AED at least once in order to help save a life.

For more information about the program, visit www.ReStartDC.org.

For more information about HeartStart Defibrillators, visit www.philips.com/heartstart.